# How to preregister research studies?

Agata Bochynska, PhD

University of Oslo

Max Korbmacher, PhD

HVL, Haukeland University Hospital

Cochrane Norway, 23 June 2025















Agata Bochynska



Max Korbmacher



# How to preregister reviews (and other studies) on OSF?

Agata Bochynska, PhD University of Oslo

Max Korbmacher, PhD
HVL, Haukeland University Hospital

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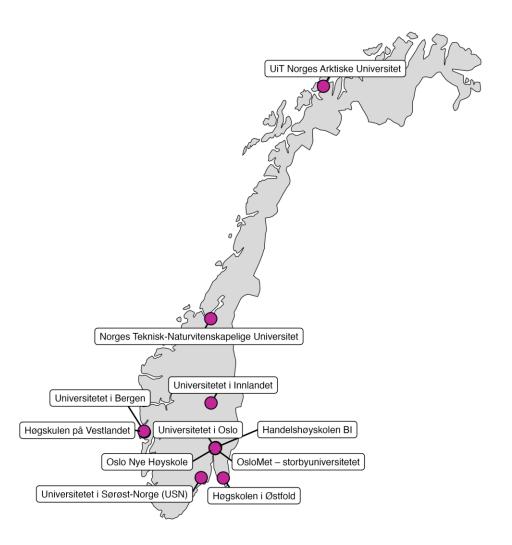
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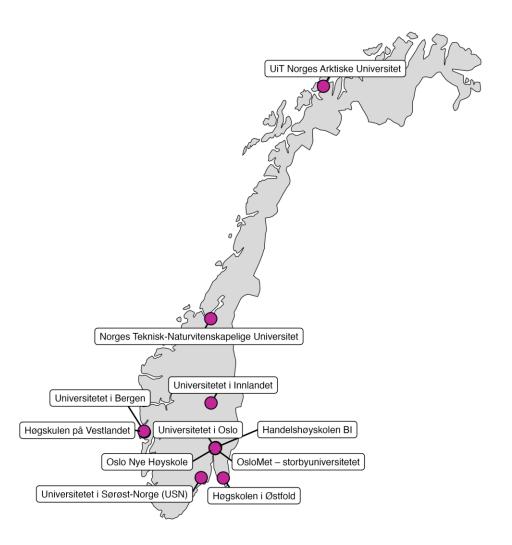














#### Vision and mission

To promote and enable rigorous, robust and transparent research practices in Norway

#### **NORRN's activity:**

#### 1. Education

designing and establishing appropriate training activities

#### 2. Communication

disseminating new evidence, propagating best practices, and promoting culture change

#### 3. Transformation

designing and evaluating research improvement measures and policy in collaboration with stakeholders

## Roadmap for today

- Why should we consider preregistration?
- What is preregistration?
- How to preregister review (and other) studies?
- Let's try it on OSF!
- Q&A!

# Credibility of academic research is under debate

# Negative or "boring" results are less likely to be published

(and more likely to end up in a file-drawer)



# Researchers are biased and make arbitrary decisions

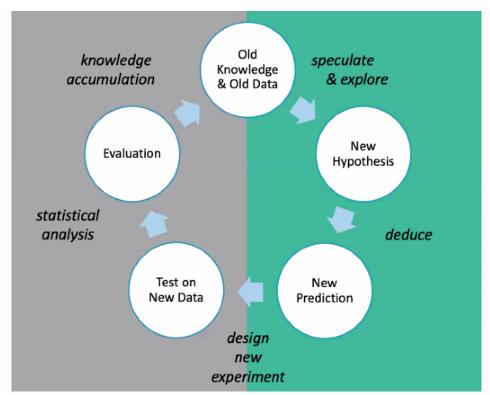
(also called "Researcher degrees of freedom")



# Confirmatory and exploratory research is being mixed up

(and prediction is confused with post-diction)

The Statistical Context of Justification – Confirmatory Research



The Creative Context of Discovery – Exploratory Research

#### File-drawer problem and publication bias





Researcher degrees of freedom





Confirmatory vs exploratory research







"How should this be handled? Should there be some central registry in which one registers one's decision to run a one- or two-tailed test before collecting the data?

Should one, as one eminent psychologist once suggested to me, send oneself a letter so that the postmark would prove that one had pre-decided to run a one-tailed test?"

- Bakan 1966

# Preregistration



### What is preregistration?

The specification of a research design, hypotheses, and/or analysis plan prior to observing the outcomes of a study.

Typically takes a form of a time-stamped, frozen document made available on an online platform.

# How to preregister research? A primer

### Step 1: Choose the template

Focus	Type of research	Platform	Template
Discipline-specific	Clinical research	clinicaltrials.gov	Generic
		clinicaltrialsregister.eu	
	Animal research	animalstudyregistry.org	Generic
	Economics/Social sciences	socialscienceregistry.org	Generic
	Systematic reviews in health-related research	www.crd.york.ac.uk/prospero/	Generic
Discipline-general	Basic research	aspredicted.org	Generic
		osf.io/registries	OSF Preregistration, Qualitative, Secondary Data, Systematic Review

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- Think through your research questions and/or hypotheses, your methods and/or planned analyses
- Be precise about your procedures, exclusion criteria, stopping rule, handling missing data
- Try out your methods and planned analyses in a pilot study or on mock data
- Think about possible unexpected scenarios

We are interested in testing group differences.



We hypothesize that groups A and B will differ in condition X based on...



We will search internationally acknowledged databases.



We will search the following databases: PubMed, Scopus, Web of Science, PsycINFO.



We will locate grey literature.



We will locate grey literature from the preprint servers ArXiv and PsyArXiv as well as the university repository.

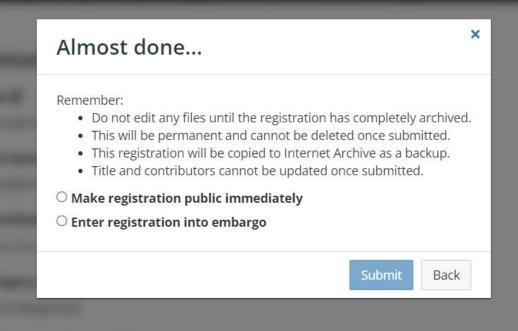


### Step 3: Register and time-stamp!



Typically, you can decide whether you want your preregistration to be open to public or closed (embargoed) until the results are published





### Step 4: Changes to preregistration

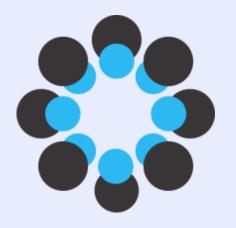
- Even the best plans might need changes once implemented
- When reporting deviations from the original, preregistered plan, be explicit about what has changed
- If needed, you can upload changes to your time-stamped preregistration or preregister a new plan (but refer to the original preregistration and explain why you made the changes)

### Real-life example: integrative review

Integrative review of conceptions and facilitators of and barriers to reproducibility of qualitative research

Preregistered on Open Science Framework: <a href="https://osf.io/q4xwk">https://osf.io/q4xwk</a>

## What is OSF?



Free, discipline-general platform that helps researchers:

- manage
- document
- share their research plans, outputs and workflows





The open registries network

#### Add New Registration

You are submitting to OSF Registries. Click here to learn more about other hosted registries.

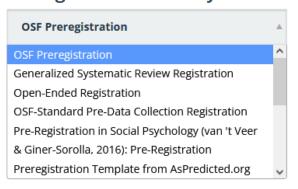
#### STEP 1

Do you have content for registration in an existing OSF project?

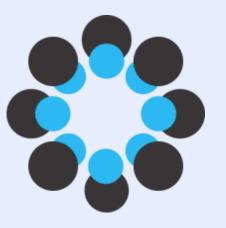


STEP 2

Which type of registration would you like to create? \*



## Let's try it on OSF!



Go to: <a href="https://osf.io/">https://osf.io/</a>

## Thank you!



- Choose the right template for your preregistration (or create your own protocol and upload as pdf)
- Take a look at preregistration examples for similar studies before you write up yours
- Use precise language when writing up
- Remember that you can make changes to the preregistration or report non-preregistered findings, as long as you are explicit about what was planned and what was not planned.

Cochrane Norway, 23 June 2025















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